



PREP HOCKEY

Prep Hockey Newsletter – August 30, 2009



Volunteers Always Needed

A program such as the Prep Ice Hockey Club is only as good as the group of dedicated volunteers that help to make the program run smoothly. To that end, we are always in search of volunteers to assist the club in providing a High School Ice Hockey experience for any student who wants one. Positions include (but not limited to) Safety Officer, Team Managers, Social Coordinators, Service Coordinator, Fund Raising Coordinator(s) (both overall and any specific single projects), Photographers (both taking and “Photo shopping”), Web Site Maintenance, Individual Game Write-ups (for the web site), Anyone wishing to become more involved is invited to speak to a board member or attend one of our board meetings.

The board scheduled monthly meetings – **open to all club members**. As in the past, the meetings will be posted on the monthly calendar of the Prep Hockey web site as well as on the weekly Upcoming Schedule. The first one will be held on Wednesday, September 2nd at a location TBD. All meetings are held in a classroom at the Prep unless otherwise noted.

Sharon Matas will be the volunteer coordinator this year so if you would like to help out, please let her know (Smatas@adcbenefits.com).



2009-10 Coaching Staff

The Prep Ice hockey Club is pleased to make the following announcements regarding the coaching staff assignments for Prep Hockey for the 2009-2010 season.

Ed Austin, Pat McDevitt, and Tim Kryst will take their place on the Varsity bench. As previously announced, Pat joins the Prep coaching staff this coming season after spending the last several years with Monsignor Bonner's AAA team. Tim joins the Varsity staff after serving as an assistant coach to the JV team last season, his first with the program.

Also as previously announced, Sean Guenther and Brian Robertson are joining the Prep Hockey coaching staff. Sean returns to Prep Hockey as the Head Coach of the JV, joined by Brian on the JV bench.

Jim Lehair continues to support the entire coaching staff both on and off the ice, and John Yorty rounds out the staff as the goaltender coach.

Already this group has proven extremely capable in delivering a terrific experience at Pennsauken for the recent hockey camp. We can look forward to the season with confidence and great anticipation. This season's practice schedule allows greater integration and collaboration between the two teams and all the coaches. Monday's practices will be shared with both teams and all the coaches on the ice, and the back to back Wednesday practices will also enable this collaboration.

Head Coach & AAA Varsity Head - Ed Austin
Assistant Coach & AAA JV Head – Sean Guenther
Assistant Coach – Tim Kryst
Assistant Coach – Jim Lebair

Assistant Coach – Pat McDevitt
Assistant Coach - Brian Robertson
Assistant Coach - John Yorty



Communication

As we have done in past years, we expect to continue to use both our web site and a weekly upcoming schedule e-mail as a method of disseminating information to the club. Of course, if you have any questions or concerns, please feel free to contact any member of the board with any concerns or questions. A list of the board members and their contact info is in the table below.

The board plans to meet about once a month starting in September. These meetings are generally set for the third Thursday of the month and are held at the school. Each meeting is open to all club members and will be confirmed on the website in advance. These meetings involve ongoing club operations and planning for upcoming events. Any club member may attend but if you plan on attending, please let a board member know so that we can keep you informed of any last minute changes of time or location.

Questions or concerns may arise about your son's participation at practice and in games. These are matters that are best discussed with the staff of the team to which your son has been assigned. This may be the manager of the team, an assistant coach, the team's head coach, or the program's head coach...all are avenues for your communication. However, we do ask that you allow 24 hours after a game has been played before contacting the head coach. The contact info for the head coaches of the teams are also listed below.

2009-10 Board Members

John Swanick – President
610-525-1886
jswanick@smartllp.com

John Coffey
215-978-1999
jcoffey@sjprep.org

Matt Judge – Vice President
610-358-2651
judgematthew@verizon.net

Mimi Lebair
215-601-0955
HIBYJL@comcast.net

Matt Melone – Treasurer
610-627-0912
mam9@lehigh.edu

Sharon Matas
610-772-1596
Smatas@adcbenefits.com

Jack Pierce - Secretary
215-635-6719
JPierce@saul.com

Hal Schwalm
856-854-4125
HalSchwalm@Prodigy.net

Mike Capuzzi
610-356-9899
mfcapuzzi@delinvest.com

Chuck Stinson
610-888-5282
chuckstinson@aol.com

Jim Carroll
856-797-0089
Jcarroll@winthropresources.com

2009-10 Head Coaches

Ed Austin
267-228-1682
eaustin@mysi.net

Sean Guenther
609-254-3767
sean.guenther1205@gmail.com



League News

The consolidation of the four former ice hockey leagues begun last year continues to be worked out. The league structure continues to move a bit within the various divisions of the new consolidated Intercounty league to create a more uniform structure for competition between the schools.

As was the case last year, SJP Varsity is grouped within the competitive AAA Varsity division. The schools within the division this year are SJP, Cardinal O'Hara, Father Judge, Archbishop Ryan, Holy Ghost Prep, LaSalle and Malvern Prep. Leaving the division this year are Monsignor Bonner and Roman Catholic – both of who will play in the PCL Blue division and Germantown Academy which is unknown at this time. The schedule will consist of two games each with teams in the AAA division, supplemented with one game each against 3 PCL Blue division opponents (Bonner, Roman and Archbishop Wood) and one game each against 3 Central division opponents (Haverford High, Ridley and Springfield).

The JV team will play in the AAA JV division. The schools within this division are SJP, Cardinal O'Hara, Father Judge, Archbishop Ryan, Holy Ghost Prep, LaSalle, Malvern Prep and Roman Catholic. The schedule will consist of three games each against two division opponents (LaSalle and O'Hara) and two games each against the remaining five.

The **preliminary** schedules for these teams appear in the table below. Note these are not yet finalized and **may change** over the next 2 or 3 weeks (for example, we are trying to get the December 3rd Varsity game changed due to a conflict with the Mother-Senior Christmas Dinner and Mass). We are currently seeking to schedule non-league, preseason games in October for both the varsity and the JV. As these games are scheduled, we will update the schedule.

Additionally, the varsity has accepted an invitation to the Purple Puck Tournament, a Christmas holiday tournament in Washington, DC. This prestigious tournament, hosted by Gonzaga College High School (Washington, DC) will offer excellent competition. Recent participants in the tourney have been Georgetown Prep, DeMatha High, and Bishop O'Connell. Volunteers will need to be recruited to plan the trip.

We will be looking to secure a tournament for the JV over the course of the season as well.

2009-10 Prep Ice Hockey-League Schedules (as of August 14, 2009)

The Prep plays in the AAA - High School Division- Eastern Pennsylvania

AAA VARSITY - League Games

Date	Day	Rink	Game with(HOME*)	Time
11/6/09	Fri	Skatium	Haverford High v. SJP*	8:45pm
11/13/09	Fri	Skatium	Roman v. SJP*	8:45pm
11/16/09	Mon	Skatium	Bonner v. SJP	7:30pm
11/23/09	Mon	Skatium	LaSalle v. SJP*	7:30pm
11/30/09	Mon	Skatium	Father Judge v. SJP*	7:30pm
12/03/09	Thu	Skatium	Malvern v. SJP*	8:00pm
12/11/09	Fri	Skatium	Ridley v. SJP*	7:00pm
12/16/09	Tue	Hatfield	LaSalle v. SJP	7:20pm
1/04/10	Mon	Skatium	O'Hara v. SJP	7:30pm
1/22/10	Fri	Skatium	Ryan v. SJP*	7:00pm
1/25/10	Mon	Skatium	Holy Ghost v. SJP*	7:30pm
1/29/10	Fri	NEFSZ	Father Judge v. SJP	6:50pm
2/01/10	Mon	Ice Works	Springfield Prep v. SJP	7:15pm
2/05/10	Fri	Ice Line	Malvern v. SJP	8:15pm
2/08/10	Mon	Skatium	O'Hara v. SJP*	7:30pm
2/15/10	Mon	NEFSZ	Ryan v. SJP	8:35pm
2/19/10	Fri	Grundy	Holy Ghost v. SJP	8:40pm
2/26/10	Fri	Face-Off	Wood v. SJP	7:20pm

AAA JV - League Games

11/12/09	Thu	Skatium	Roman v. SJP*	9:45pm
11/19/09	Thu	NEFSZ	Roman v. SJP	7:20pm
11/23/09	Mon	Skatium	LaSale v. SJP*	9:15pm
12/03/09	Thu	Hatfield	LaSalle v. SJP	8:30pm
12/10/09	Thu	Skatium	O'Hara v. SJP	9:45pm
12/18/09	Fri	NEFSZ	Judge v. SJP	9:20pm
12/21/09	Mon	Skatium	O'Hara v. SJP	9:15pm
1/04/10	Mon	Skatium	Malvern v. SJP*	9:15pm
1/18/10	Mon	Skatium	Ryan v. SJP*	9:15pm
1/22/10	Fri	Ice Line	Malvern v. SJP	9:45pm
1/25/10	Mon	Skatium	Father Judge v. SJP*	9:15pm
2/01/10	Mon	Skatium	Holy Ghost v. SJP*	9:15pm
2/04/10	Thu	Skatium	O'Hara v. SJP*	9:45pm
2/15/10	Mon	NEFSZ	Ryan v. SJP	6:55pm
2/19/10	Fri	Grundy	Holy Ghost v. SJP	7:25pm
2/22/10	Mon	Skatium	LaSalle v. SJP*	9:15pm



Forms and Tuition

Any family which has not yet returned the registration forms should do so as soon as possible (including confirmation of your registration with USA Hockey). Forms (or questions) should be sent to Chuck Stinson:

Chuck Stinson
37 Meadows Lane
Haverford, PA 19041
610-888-5282
chuckstinson@aol.com
(Registration materials can be faxed to 610-661-9926)

Please remember that the next tuition installment is due on September 15th. Payments and any questions should be sent to Matt Melone:

Matt Melone
61 Cedar Hill Lane
Media, PA 19063
610-627-0912
mam9@lehigh.edu



Practice Schedule

As was the case last year, all practices will be held at the Class of 1923 Rink on the University of Pennsylvania Campus at 31st and Walnut Street. There will be a shuttle bus from the Prep to the rink after school on practice days (we will e-mail additional information about which shuttle to catch as well as where to store your gear during the day at school before the first practice).

The practice slots begin on **Monday September 28th**. The first week, 9/28 and 9/30, will be dedicated to player evaluations so please expect to skate during all three ice slots. The practice ice slots will be Monday from 4:00 – 5:15 and Wednesday from 3:30 – 4:45 and 5:00 – 6:15.

Mondays will be a combined squad practice (Varsity & JV), with a mandatory 30 minute off-ice workout after each Monday practice. The boys will be done each Monday at 6 pm. Wednesday will be a split squad practice with the Varsity team taking the first slot and the JV taking the second. Each team will have a mandatory 30 minute off-ice workout on Wednesdays also. The Varsity will work out immediately following their ice practice, which concludes at 4:45, and should be done by 5:30 or so. The JV will workout prior to their ice practice, likely from 4:00 to 4:30 or so. The boys should be prepared with a change of workout clothes and sneakers.



Off Ice Sessions

There will be off-ice sessions at the Prep during the weeks of 9/13 & 9/20. These sessions will be Monday & Wednesday each week at the Prep. These sessions will begin at 3:30 and will last about an hour. The meeting place at the Prep is TBD. These will be considered practice sessions, and attendance will be expected. One or more of these sessions will serve as a fitness checkpoint for the boys and will be considered part of their evaluation for varsity. The boys have understood since the spring that there will need to be a minimum level of off-ice fitness demonstrated in order to be considered for the varsity team.



Evaluations

As mentioned previously, the first week of practices, 9/28 and 9/30, will be dedicated to player evaluations. Players should expect to skate during all three ice slots. The practice ice slots will be Monday from 4:00 – 5:15 and Wednesday from 3:30 – 4:45 and 5:00 – 6:15.

The coaching staff will make initial assignments to varsity and junior varsity, but the league rules allow free movement of players between teams. Coach Austin expects to take full advantage of those rules in order to provide as much varsity experience for those players who are ready for it. There will be players assigned to varsity that will never dress in a JV game; just as likely there will be players assigned to the JV team that are unlikely to see any varsity time; at least not this year. But after initial assignments to one team or the other, he expects there to be considerable opportunity for JV-assigned players to get varsity minutes, based on their development, their work ethic, and their attitude.



Web Site

We attempt to post information on our web site when available. Please check it out frequently (<http://in.sjprep.org/hockey/>). Especially useful will be the Monthly Calendar which contains both important Prep dates as well as important Hockey dates. We will post the 2009-10 monthly calendar in the next week or so. Currently, check out all of the pictures from the team camp and 6th – 8th grade clinic that have been posted.



Next Issue

We will send another newsletter in the next week to 10 days. The next issue will include any schedule updates from the league, an article about the 2009 Summer Camp, a piece introducing the coaching staff and a little background about them and a short feature called Meet the Freshmen. Details concerning the shuttle to the rink on practice days and where players should store their equipment on school days will also be included.

